Dr. Kenneth Silvestri, Ed.D, CCH, RSHom Psychotherapist | Certified Classical Homeopath

Widening Your Lens: How to See Your Life Differently Book to be published 2018

COMPLETE LIST OF PUBLICATIONS by Dr. Kenneth Silvestri (as of June 22, 2018)

Links to selected articles are available on my web site under Publications and Publications Archives:

<u>A Wider Lens: How to See Your Life Differently</u>, (A Wider Lens Publication: Nyack, New York), 2018

"The Consequences of Being Positive," Tuxedo Park Magazine, June/July 2018, p. 23 (Ongoing Column, #11)

"The Difference Between Being a Partner or a Collaborator," ," Tuxedo Park Magazine, April/May 2018, p.14 (Ongoing Column, #10)

"A Systemic and Ecological Basis for Homeopathy," Homeopathy in Practice, Autumn/Winter 2017, p.21

"Love: The Word Is Not Necessarily What We Think It IS," Tuxedo Park Magazine, February/March 2018, p.14 (Ongoing Column)

"Self-Fulfillment," Tuxedo Park Magazine, Holiday 2017, p.14 (Ongoing Column)

"The Fate of My Maternal Side," Editors Choice Award for the Allen Ginsberg Poetry Contest, Paterson Literary Review, Vol.46, 2018

"Attention Deficit Disorder: It's Not Just a kid Problem," Homeopathy Today, Autumn, 2017 pp. 18-23

Living Life in an Evolving Context and the Ecology of Self, in Monika Jaworska-Witkowska and Bateson, Nora, Eds., *AFTER GREGORY* **BATESON:** TOWARDS A NEW DISCOURSE AND APPLICATIONS, Rocznik Naukowy Kujawsko-Pomorskiej Szkoły Wyższej w Bydgoszczy: Poland, 2017

"Sundays as a Child," Paterson Literary Review, Issue #45, Spring 2017

"Mindfulness: Having a Beginners Mind," Tuxedo Park Magazine, Spring 2017 (Ongoing Column #7)

Review of Nora Bateson's Book, *"Small Arcs of Larger Circles: framing through other patterns," Journal of Systemic Therapies, June*, 2017

"Self-Fulfillment through the Integration of Homeopathy, Coherent Breathing and Qigong," Homeopathy in Practice, the Journal of the Alliance of Registered Homeopaths in the United Kingdom, winter/spring. 2017

"Staying healthy by using your breath," Tuxedo Park Magazine, Winter, 2016-17 (Ongoing Column #6)

"What is Homeopathy," Tuxedo Park Magazine, Fall, 2016 p. 45 (Ongoing Column #5)

"The Gift Of Homeopathy," PTSD Journal, Summer, 2016, p.18

"Embracing Conflict," Tuxedo Park Magazine, Spring, 2016, p.37 (Ongoing Column #4)

"Tis the Season to Forgive," Tuxedo Park Magazine, Winter, 2015-16, pp.44-45 (Ongoing Column #3)

"Interview of Dr. Kenneth Silvestri," by Katja Schutt, Homeopathy For Everyone, October 2015

"ADD, Isn't Just a Kid Problem- It's Ours as Well," Tuxedo Park Magazine, Fall, 2015 (Ongoing Column #2)

"Determining Constitution and Temperament in Homeopathic Treatment Through the use of the Genogram," Homeopathy For Everyone, June, 2015

"The Stress Factor and the Organic Supermarket," Tuxedo Park Magazine, Summer, 2015 (Ongoing Column #1)

"The Use of Temperaments in the Healing Process," Homeopathic Links, 2015; 28(3):150-158

"Be Systemic and Mindful: An Integrative Process of Homeopathy and Psychotherapy for Self-Fulfillment," California Homeopath, 2014

"Oh The Zen Like Great Falls," The Great Falls: An Anthology of Poems about Paterson, New Jersey, Edited by Maria Mazziotti Gillan, published by the Poetry Center at Passaic County College, 2014

"Looking for Appreciation and Peace: Jane's Case and the use of an integrated process of Psychotherapy and Homeopathy," Homeopathy-4-Everyone Online Journal, July, 2013

"Understanding How Context Moves Us and an Over Dependency On Content Sucks as a Means to Being Mindful," SelfGrowth.Com Online Newsletter, June, 2013

"Exploring Psychology and Forgiveness in Homeopathic Treatment," The American Homeopath, Volume 18, pages 92-95, December, 2012

"Integrating Psychotherapy and Homeopathy: A means to determining the needs of the vital force," Chapter in "Mental Health and Homeopathy," published by Homeolinks, Stuttsgart,Germany; edited by Harry van der Zee and Christopher Johannes, 2010

"Dialogue to an Ecology of Self Peace," Forgive for Good Center, Montclair, NJ, 2010

"Sally's Story, Forgiving One's Self," Pennsylvania Psychological Association website, with Jed Rosen, Fred Luskin and Joanne Coyle, March 2010

"Conflict and Forgiveness: For those who hate confrontation," Going Bonkers Magazine, September 30th, 2009, by Ken Silvestri, Ed.D. Frederic Luskin, Ph.D. and Jed Rosen.

"Moving On and Forgiving," SelfGrowth.com online newsletter, September 2009 http://www.selfgrowth.com/articles/moving_on_and_forgiving?#.

"Learning Forgiveness," Psychotherapy Networker, September 2009

"Forgiving Our Parents", Going Bonkers Magazine, Summer 2009, By Fred Luskin, Ph.D., Jed Rosen, M.S.W. and Ken Silvestri, Ed.D.

"Forgiveness Therapy for Couples", International Hypnosis Research Institute, online newsletter, August 19, 2009 http://www.hypnosisresearchinstitute.org/index.cfm/2009/8/19/Forgivenes s-Therapy-for-Couples

"Remedies for Forgiveness," Homeopathy Today, February 2009

"Steps to an Ecology of Self: Implications for Homeopathy," Homeopathic Links, Summer: Vol.21, 2008

"The Joy and Wisdom of Systemic Thinking: Teaching and Understanding the Aesthetic," *The Journal of Systemic Therapies*, Spring 2007

"Celebrating Homeopathy as an Ecological Process: A personal view," Homeopathy Today, June 2006

"Homeopathic Case Taking from a Communication Perspective," The American Homeopath, 2005 edition "The Joy of Joining: The Wisdom and Need of Understanding the Aesthetic,"

personal memory of Paul Byers (available on my web-site under selected articles, <u>http://www.drkennethsilvestri.com</u>), 2005

"Dreams, Symbols, and Homeopathy: Archetypal Dimensions of Healing," by Jane Cicchetti; reviewed by Kenneth Silvestri Ed.D in *Homeopathy Today* May/June 2004

"The Art of Sustaining Change," Simmillimum Journal, Spring 2002

"Homeopathy and Psychotherapy: Natural Partners," Family Therapy News, January 2000

"Homeopathy, Aikido, and Systemic Psychotherapy," American Family Therapy Newsletter, Spring 2000

"Homeopathy and Aikido," Aikido Today Magazine, #76, 1998

"Family Therapy and Homeopathy" *Family-School Collaboration Associates*, Morristown, NJ 1997

"Family-School-Community: Reform and Collaboration," AFTA Newsletter, Winter 1996-97, pp. 15-17, with C. Steinberger and E. Scambio

"Collaboration and Reform", Family Therapy News, December 1996, with C. Steinberger and E. Scambio

C. Steinberger and E. Scambio

"Get Schools and Families Together," Star Ledger, October 6, 1996, S. 10

"How Parents Can Help Improve Their Children's School," North Jersey Parent and Child, April 1994

"Connecting School, Family, and Community," Family-School Collaboration Associates, Morristown, NJ, 1993 "Analysis and Assessment Of The Newark Literacy Campaign's Adult Tutorial Reading Program: A Report To The Ford Foundation," with Gordon Darkenwald,: Newark Literacy Campaign, Inc., Newark, NJ (Ford Foundation Grant #915-0298), also ERIC: ED 354366, 1992

"Families and Schools: Beyond the Bake Sale," School Leader, January 1991

"Parent Involvement Goes To School: New Jersey's Public Policy and Schools Program: Equity and Choice, Winter 1991

"Toward A Partnership for School Improvement," chapter in a book on School Change, published by Network, Andover, MA, 1991

"Preliminary Evaluation Report," (with Gordon Darkenwald), *Newark Literacy Campaign*, Newark, NJ, 1990

"Beyond The PTA," Making A Difference, November 1989

"Educating Parents for a Larger Role in School Improvement," Educational Leadership, vol. 47, #2, October, 1989

"Need to Widen School Context," The Family Therapy News, Spring 198

"Reclaiming the Urban High School Through Collaborative Planning," Educational Viewpoints, Spring 1989

"Preparing Parents to Make A Difference," School Leader, March 1988

"Public Education," Citizen's Guide to Municipal Government, Center for Analysis of Public Issues, Princeton, NJ, 1988, co-authored with Herb Green

"Empowering Parents For School Improvement," paper for the NJ Institute for Citizen Involvement in Education, Rutgers University Graduate School of Education, New Brunswick, NJ, 1988, with Norm Fruchter and Herb Green

"Family-School Counseling: An Approach to Resolving School Related Problems," paper for the Regional Curriculum Service Unit – North, East Orange, NJ, 1988

"The Interfacing of Systems," *Continuing the Conversation*, Summer 1988

"K-12 Education as a Community Activity: A Framework for Home-School Collaboration," *Community Education Journal*, July 1987, with Elena Scambio

"Stories, Ecology and School Improvement: A Suggested Framework for Beginning School Improvement," paper for the Academy for Educational Development, NY, NY, 1987

"Home and School Relations: A Forum for a Healthy Community," N.J.S.A. Perspective, Spring, 1987, with Elena Scambio; also appeared in the Star Ledger, January 25, 1987

At-Risk Youth: A Resource Packet, Andover, MA, The Regional Laboratory for Educational Improvement of the Northeast and Islands, 1987

"The Re-Emergence of Alternative Education: Some Lessons," *Equity and Choice,* Fall 1986, also published as a *N.J.E.A. Paper,* 1986

"School Improvement and the Role of the Family," Scholar and Educator, Fall, 1986 (originally presented at the annual *Council on Family Relations Conference,* Princeton, NJ, 1984)

"Family and School Cooperation," paper presented at the Society of Educators and Scholars annual conference, Fairleigh Dickinson University, Teaneck, NJ, 1985

"Public Policy and Public Schools: A Training Program for Parents," Urban Education, July, 1985, with Norm Fruchter and Herb Green "Concerns About the Effective Schools Movement," paper for the Essex County Office of Education, East Orange, NJ, 1985 "Humanizing School Improvement," School Leader, October 1984

Public Policy and Public Schools: A Training Program, Trenton, NJ, Schoolwatch, Inc., 1983

"The Single Parent Family Issue: A Need for Schools to Refocus on Family Patterns," *Educational Viewpoints*, vol. 2, #2, 1982

Parent and Community Involvement: A Planning and Training Guide For Improving Home-School Relations, Morris Plains, NJ, Educational Improvement Center-North, East Orange, NJ, 1982

"The Paradox in School-Community Relations," Star Ledger, June 21, 1981

The School-Community Education Paradox (Doctoral Dissertation), Teachers College, Columbia University, New York, NY, 1981, (Dissertation Abstracts International, vol. 42, #52, 1981)

"Revitalizing American Educational Reform," Community Education Journal, April 1980

"Theoretical Conflicts Between 'School' and Community Education: A Basis for Understanding Structural Change," paper presented for the annual Community Education Conference, Boston, MA, 1979

Providing Technical Assistance for Community Based Educational Development,

The Institute for Community Schools and Alternatives in Education, Newark, NJ, 1972